

# Market Update: November 18, 2024



## *“Canadian Crown”*

Gala Apples, Paula Red Apples, Mac Apples, Crispin Apples, Ginger Gold Apples, Beets, Cabbage, Celery Root, Cucumber English, Mushrooms, Parsnips, Micro Sprouts, Bean Sprouts, Potatoes (Yukon, White, Russet), Hot house tomatoes, Squash (Butternut, Pepper, Buttercup)

## **ALERT ON VEGETABLES VERY LIMITED PRODUCT AND HIGH COSTS**

### **Apples**

USA Honeycrisp, Cosmic Crisp, Gala, Red Delicious, Granny smith are available

**\*Local\*** apples available: Gala, Crispin, ginger gold, and Empire are all SPO

### **Pears**

Bartlett are product of USA, Bosc and Anjou are special order,

### **Melons**

Cantaloupes, honeydews, and Watermelons are product of USA.

### **Grapes**

**\*Alert\*** Red and Green Grapes are product of USA, last weeks of USA Grapes

### **Kiwi**

Green Kiwi product of New Zealand, Golden Kiwi is SPO.

### **Mangoes**

Mangoes Product of Mexico, ataulfo Mangoes are SPO

### **Oranges**

88 and 113 oranges are product of USA

### **Lemons**

Product of South Africa Quality is excellent on both 115 and 30 count Lemons

### **Limes**

Product of Mexico, both 48 and 230 count

### **Clementines**

Product of South Africa, both 22lb and 15x2lb are available, 4lb cases are now available

### **Pineapple**

Product of Costa Rica

### **Blackberries/ Raspberries/Blueberries/Strawberries**

Blackberries, Raspberries are product of USA/Mexico

Blueberries are product of Peru, we are now into Pints

**\*Alert\*** Strawberries are product of California, local Field Strawberries are available SPO only

### **Bananas**

Product from Guatemala, Plantain (Green and yellow) are SPO

### **Stone fruit**

Stone fruit is now finished for the season, we are now waiting on the Chilean Season

### **Avocados**

**\*Alert\*** Product of Mexico, Both 12's and 48's are available

## *Good Buys for the Week!*

Honeycrisp Apples

Gala Apples

4lb clementines

Pineapple

Blueberries

English Cucumbers

Green Zucchini

### **Broccoli**

**\*Alert\*** Broccoli 18s, Broccoli Crowns are product of USA, very limited stock

### **Cauliflower**

**\*Alert\*** Product of USA, very limited stock

### **Cabbage**

**\*Local\*** Red and Green Cabbage are now available Product of Canada, Savoy Cabbage is SPO

### **Eggplant**

**\*Alert\*** Eggplant product of USA/Mexico

### **Brussels Sprout**

**\*Alert\*** Product from USA/Mexico

### **Asparagus**

**\*Alert\*** Product of Peru/Mexico 11lb case

### **Beans**

**\*Alert\*** Green Beans are product of USA/Mexico

### **Peppers**

**\*Alert\*** **\*Local\*** Red, Yellow and Green are product of Ontario, Orange Peppers are product of Mexico, last week for local peppers

### **Bunches**

**\*Local\*** Kale, Chards, Bunched Radishes, Collard, Dandelion are now Product of Canada

### **Celery**

Product of USA

### **Seedless Cucumbers**

**\*Local\*** Greenhouse Ontario English cucumbers

### **Lettuce & Greens**

**\*Alert\*** Romaine, Romaine Hearts, Iceberg and Green Leaf lettuce product of USA, Very Limited and high cost

### **Processed Lettuce**

**\*Alert\*** Product is now from Salinas, Prorating stock and cost going up, Problems in Yuma so this will not be solved anytime soon

### **Hot House & Vine tomatoes**

**\*Local\*** Product of Canada, Red Tomatoes on the Vine, and heirloom tomatoes are currently SPO

### **Tomatoes**

**\*Local\*** Grape Tomatoes/ Mix Medley/Cherry on the vine Tomatoes are product of Canada

**\*Alert\*** Round Tomatoes are Product of USA, Roma Tomatoes Product of Mexico, Very limited stock

### **Onion/ Carrots**

Red, Spanish, White, Sweet and cooking Onions are Product of USA, Green onions are Mexican

Carrots are product of Mexico, we also have available 2lb and 5lb carrots

### **Squash**

Butternut, Acorn/Pepper, Spaghetti, Buttercup are product of Ontario

### **Corn**

**\*Alert\*** Corn is product of USA, 281397

### **Zucchini**

Green and yellow product of Mexico

### **Potatoes**

**\*Canadian\*** currently carrying Russets and New crop Yukon Gold Potatoes, Mini "B" white and red Potatoes also available

Bud the Spud is back!!